

Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Vermont**, 40 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 2,426 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Vermont** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	33	83%	2,209	91%	437	94%
Private for-profit	3	8%	113	5%	27	6%
Local government	1	3%	11	1%	—	—
State government	—	—	—	—	—	—
Federal government	3	8%	93	4%	2	<1%
Dept. of Veterans Affairs	2	5%	53	2%	—	—
Dept. of Defense	—	—	—	—	—	—
Indian Health Service	—	—	—	—	—	—
Other	1	3%	40	2%	2	<1%
Tribal government	—	—	—	—	—	—
Total	40	100%	2,426	100%	466	100%

Primary Focus of Facility

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	19	48%	1,485	61%	210	45%
Mental health services	2	5%	59	2%	11	2%
General health care	2	5%	53	2%	—	—
Mix of mental health & substance abuse treatment services	15	38%	801	33%	235	50%
Other/unknown	2	5%	28	1%	10	2%
Total	40	100%	2,426	100%	466	100%

Substance Abuse Problem Treated

	Facilities ¹		Clients in Treatment on March 29, 2002			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	38	100%	1,389	57%	230	
Clients with drug abuse only	35	92%	377	16%	65	
Clients with alcohol abuse only	34	90%	659	27%	117	
Total²	38		2,425	100%	412	

¹ Facilities may be included in more than one category.

² Excludes 2 facilities that were not asked or did not respond to this question.

Type of Care

			Clients in Treatment on March 29, 2002				
			All Clients			Clients Under Age 18	
	Facilities ¹		No.	%	Median No. of Clients Per Facility	No.	%
	No.	%					
Outpatient	37	93%	2,187	90%	39	422	91%
Regular outpatient	35	88%	1,757	72%	24		
Intensive outpatient	21	53%	379	16%	15		
Day treatment/partial hospitalization	7	18%	40	2%	4		
Detoxification	4	10%	11	1%	1		
Methadone/LAAM maintenance	—	—	—	—	—		
Residential	9	23%	206	9%	16	40	9%
Rehabilitation	9	23%	138	6%	16		
Detoxification	5	13%	68	3%	2		
Hospital Inpatient	2	5%	33	1%	17	4	1%
Rehabilitation	1	3%	18	1%	18		
Detoxification	2	5%	15	1%	8		
Total	40		2,426	100%	40	466	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	—	—
Detoxification only	1	100%
Both maintenance and detoxification	—	—
Total	1	100%
Clients in Facilities with OTPs	7	
Methadone	7	
LAAM	—	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	37	93%
Private health insurance	37	93%
Medicare	21	53%
Medicaid	36	90%
Other State-financed health insurance	29	73%
Federal military insurance	18	45%
Other type of payment	2	5%
Sliding fee scale	34	85%
Other payment assistance	23	58%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities ¹	9	2
No. of clients	206	33
Designated beds	141	25
Utilization rate	146%	132%
Designated beds per facility (average)	16	13

¹ Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	39	98%
State Substance Abuse Agency	35	88%
State Mental Health Department	16	40%
State Public Health Department/Board of Health	10	25%
Hospital licensing authority	3	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	6	15%
CARF (Rehabilitation Accreditation Commission)	22	55%
NCQA (National Committee for Quality Assurance)	—	—
COA (Council for Accreditation for Children and Family Services)	—	—
Other State/Local Agency/Organization	3	8%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Is part of organization with multiple facilities or sites	26	65%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	34	85%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	33	83%

Programs for Special Groups

	Facilities	
	No.	%
Dually-diagnosed	19	48%
Adolescents	24	60%
Persons with HIV/AIDS	6	15%
Gays and lesbians	6	15%
Pregnant/postpartum women	9	23%
Women only	26	65%
Men only	20	50%
Seniors/older adults	11	28%
Criminal justice clients	19	48%
DUI/DWI offenders	22	55%
Other groups	1	3%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	39	98%
Comprehensive substance abuse assessment/diagnosis	38	95%
Comprehensive mental health assessment/diagnosis	24	60%
Substance Abuse Therapy and Counseling	40	100%
Family counseling	36	90%
Group therapy	34	85%
Individual therapy	38	95%
Relapse prevention groups	34	85%
Aftercare counseling	34	85%
Pharmacotherapies	14	35%
Antabuse	13	33%
Naltrexone	13	33%
Testing	34	85%
Blood alcohol testing	25	63%
Drug/alcohol urine screening	32	80%
Hepatitis testing	6	15%
HIV testing	9	23%
STD testing	5	13%
TB screening	4	10%
Transitional Services	34	85%
Assistance with obtaining social services	23	58%
Discharge planning	31	78%
Employment counseling/training	8	20%
Housing assistance	9	23%
Referral to other transitional services	32	80%
Other Services	36	90%
Case management services	27	68%
Child care	3	8%
Domestic violence or family/partner violence services	10	25%
HIV/AIDS education/counseling/support	23	58%
Outcome follow-up (post-discharge)	29	73%
Transportation assistance to treatment	13	33%
Acupuncture	1	3%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired	18	45%
Spanish	12	30%
American Indian/Alaska Native languages	—	—
Other	10	25%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov>



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